

3 NIGHTS BUSHMANS' KLOOF AND 3 NIGHTS TWELVE APOSTLES CAPE TOWN, SOUTH AFRICA



Come and spend six nights in Cape Town relaxing and joining in my daily yoga class.

We will spend three nights in the beautiful Bushman's Kloof – a Relais & Chateaux property – www.bushmanskloof.co.za



This extraordinary haven, nestled at the foothills of the Cederberg mountains, is just 270km from Cape Town and the ideal wilderness getaway to escape, restore and relax. Malaria and predator free, the reserve is a natural playground for those who want to reconnect with themselves and the essence of life, with wide open plains, mystical rock formations, crystal clear water falls, and an abundance of flora and fauna.

The spa is a sanctuary to wellness, well-being and holistic healing, where one's spirit, mind and body can truly let go, and soothing pampering and restorative treatments are complemented with unique products made from indigenous rooibos, flowers and plants. The warm, caring service and hospitality, delicious organic cuisine, breathtaking dining venues, superb facilities and accommodation have repeatedly won Bushmans Kloof international recognition and awards.

Exclusive and totally private, with 16 rooms and suites, this Natural Heritage Site is also home to many exceptional San rock art sites. Guests can discover the wonders of nature, choose from a vast range of outdoor activities or do absolutely nothing but inhale the beauty and succumb to the peace, quiet and tranquility.

During our stay, all meals (Full English breakfast, a la carte light lunch, afternoon high tea and a la carte dinner) are included together with a variety of enriching and exhilarating lodge activities including - nature drives, guided rock art excursions, botanical walks, canoeing, archery, hiking and swimming.

This will then be followed by three nights at the Twelve Apostles Hotel & Spa – www.twelveapostles.com



The Twelve Apostles Hotel and Spa stands at the edge of the world. On one side, a line of majestic mountains – The Twelve Apostles – reaches towards the heavens; on the other, the sun sets on breaching whales, playful dolphins, and crashing Atlantic rollers. And all around, you can walk the wilderness trails of the **Table Mountain National Park** - we'll even pack you a picnic.

And yet this luxury 5-star boutique hotel is just a few minutes from worldly, cosmopolitan Cape Town. City-centre theatres and art galleries, plus the shops and restaurants of the vibrant **V&A Waterfront** are only **15 minutes away** via the complimentary car transfer service – quicker still if you use our helipad.

Nearest of all is the elegant area of Camps Bay with its beautiful golden beaches. Or, if you prefer adventure to sun-soaked relaxation, we can arrange sea fishing, shark and scuba diving, or whale watching trips.

No trip to Cape Town would be complete without a trip to the Winelands and this will be organised on one of the days.

Our accommodation here will be a Luxury room on a B&B basis

All of this for £899pp excluding flights.